



# Run With Rotary

To End Hunger, Illiteracy, Addiction and Polio...In Our Community and Around the World

**Sunday Morning, April 30, 2023**

A Community Charity Event Promoted by the Rotary Club of Montgomery-Rocky Hill

**1 Mile Ramble @ 10:00 am & 5K Race @ 10:35 am**

Skillman Park, Montgomery Township, New Jersey



5K RACE Fees: \$30.00 until March 31<sup>st</sup> | \$40.00 April 1<sup>st</sup> to April 26<sup>th</sup> | RACEDAY 5K Fee: \$45.00

1MILE RAMBLE Fees: \$20.00 until March 31<sup>st</sup> | \$30.00 April 1<sup>st</sup> to April 26<sup>th</sup> | RACEDAY RAMBLE Fee: \$35.00

USA Track & Field NJ Grand Prix Event (5K event \$3.00 discount for USATF-NJ members)

## ENTRY FORM & WAIVER

Please PRINT all information. 5K Teams must enter together.

Last Name \_\_\_\_\_ First \_\_\_\_\_ Sex \_\_\_\_\_

Address \_\_\_\_\_ Birth Date (mm/dd/yy) \_\_\_ / \_\_\_ / \_\_\_ Age (race day) \_\_\_\_\_

City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_ Emergency Contact phone # \_\_\_\_\_

Montgomery or Rocky Hill Resident? (circle one): Yes or No | Event (circle one): 1 Mile Ramble or 5K Race

E-Mail (for questions and updates) \_\_\_\_\_ T-Shirt Size: S M L XL

Team Name \_\_\_\_\_ Year 2023 USATF-NJ # \_\_\_\_\_

*Please make checks payable to Rotary Club of M-RH Run With Rotary. Mail to PO Box 333, Rocky Hill, NJ 08553*

Waiver of Liability: I fully understand that training for and participating in activities such as 5 Kilometer Runs may result in accidents, illness, or serious injury. I am voluntarily participating in the **Montgomery-Rocky Hill Rotary Club Run With Rotary 5K run and 1 Mile Ramble** (hereinafter the "event") sponsored by the Montgomery/Rocky Hill Rotary Club of New Jersey (hereinafter "the Rotary Club") with complete understanding of the risks associated with participation in the event. I further acknowledge that this event requires participants to be in proper physical condition. By signing this Waiver and Release Form, I declare that I am medically able, properly trained, physically fit, and capable of participating in the event. I understand that there are inherent dangers of changing weather conditions, natural obstacles (such as rocks and trees) and the possibility of severe injury resulting from a fall. In consideration for being allowed to participate in the event, I agree to release and hold harmless the premises owner and the event's sponsors, including the Rotary Club, its affiliates, agents, and employees, from all liability for any injuries and/or illnesses that may directly or indirectly result from my conduct or from the negligence of other participants in the event, or from the negligence of the premises owner or the negligence of the sponsors of the event, including the Rotary Club, its affiliates, agents, and employees. I also acknowledge full and sole responsibility for all medical expenses that I may incur as a result of any injury and/or illness related to my participation in the event. I understand and agree that this Waiver and Release is binding. I hereby grant my consent and permission to the Rotary Club, its affiliates, agents and employees, to use my name, photograph, videotape, motion picture recording, voice, or likeness for Rotary purposes, including pre and post event publicity. I have carefully read this Waiver and Release and fully understand its contents. By my signature below, I consent and agree to the terms of this Waiver and Release.

**Signature of Participant (as listed above)** \_\_\_\_\_ **Date** \_\_\_\_\_

If the Participant is under the age of 18, I am signing this Waiver as the parent or guardian of my child or ward and have read this waiver and agree that all of its terms shall apply to the Participant.

**Printed name of Parent or Guardian** \_\_\_\_\_

**Signature of Parent or Guardian** \_\_\_\_\_ **Date** \_\_\_\_\_